

Release Date January 16, 2025

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# Nerikiri Matcha Tea Ceremony

A form of meditation and escape from the world

The public is welcome to the Nerikiri Matcha Tea Ceremony at the Japanese Church of Christ.

Last summer, Ms. Akiko Oki began teaching other church members the art of making nerikiri. The Japanese dessert is a special confection usually made for tea ceremonies. The process begins with cooking red adzuki beans and white lima beans. The cooked beans are combined with sugar and rice flour, respectively; coloring is added; and the mixtues are shaped into flowers or designs. To conclude the lesson series and celebrate the new year, the students will present their nerikiri at the matcha tea ceremony.

The methodical nature of the Japanese tea ceremony allows the participants to feel a sense of tranquility and inner peace.

Attendees may observe the tea ceremony and are welcome to participate by bringing their own matcha bowl.

Location: Japanese Church of Christ, 268 W Japantown St (100 S), SLC

Date: Saturday, January 18, 2025

Time: noon to 2pm

**Cost:** No charge for observers. Participants, please bring your own matcha bowl.

## About the Japanese Church of Christ:

The Japanese Church of Christ was founded by the Lord in 1918. The current chapel celebrated its 100<sup>th</sup> anniversary in 2024. The church is affiliated with the Presbyterian Church (USA) and the United Church of Christ. See jccslc.net

The church also lends its facilities to the Anchored in Christ Free Wesleyan Church, (a member of the Tongan American Free Wesleyan Methodist Church group) and the Kachin Trinity Church for their respective church services.



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